



# Duathlon World Championships

Middle Distance  
**ALSDORF 2025**



# ATHLETES' GUIDE

V1 - 25 March 2025

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## MESSAGE FROM WORLD TRIATHLON PRESIDENT

Greetings and a warm welcome to the 2025 World Triathlon Powerman Middle Distance Duathlon Championships Alsdorf.

It is with huge pleasure and anticipation that we are in Germany for only the second ever World Championships over the distance. It was in another prestigious multisport location of Viborg, Denmark, that we held the first edition and Ondrej Kubo (SVK) and Melanie Maurer (SUI) won the first Middle Distance Duathlon world titles, and Alsdorf is ready to welcome the very best in this exciting race format.

Germany has held the run-bike-run competition since 1993, and here in the far west of the country, Alsdorf has already been home to several European Championships before now welcoming the planet's best to tackle this challenging course for the world title.

Our thanks go to the German Triathlon Union and the Local Organising Committee for delivering this world-class event and for all the work that has gone in to pulling it together. Enormous thanks, too, go to all the officials and volunteers for their invaluable contributions to the safe running of these Championships.

The very best of luck to all athletes taking part as we once again seize the opportunity to Middle Distance Duathlon on the map and we continue to build a strong future for this great format of racing.

Yours in Sport,

Antonio F. Arimany  
World Triathlon President Elect



## WELCOME MESSAGE



**Dear POWERMAN Alsdorf family,**

It is with great joy and enthusiasm that I warmly welcome you all to POWERMAN Alsdorf 2025 – an absolute highlight in the international duathlon calendar! On 27 April 2025, we have the honor of hosting the World Championships and the German Championships in duathlon over the middle distance. I am proud to be at your side as race director and to experience this special event with you.

Our event in Alsdorf has long since established itself as an integral part of the duathlon world. Year after year, the best athletes from all over the world gather here to push their limits, spur each other on to peak performances and enjoy the unique atmosphere of this competition.

The middle distance – 10 km run, 60 km bike and another 10 km run – demands everything from you. It puts your endurance, your fighting spirit and your

will to the test. But that's exactly what makes the duathlon so

special: the chance to surpass yourself, chase new personal bests and experience unforgettable moments. Whether you are a professional or an amateur, each and every one of you has trained hard to be at the starting line today – and that alone deserves the utmost respect.

But a race is more than just times and placings. It's about the passion for the sport, personal achievements, and the community that makes this day so unique. Enjoy every moment, celebrate your performance, and let the energy of this event carry you!

A huge thank you goes to all those who make this event possible: our sponsors, the city of Alsdorf, the StädteRegion Aachen, the supporters, the many dedicated volunteers and the entire organisation team. Without you, POWERMAN Alsdorf would not be what it is today – an event that inspires and excites athletes from all over the world.

I wish you an exciting, fair and successful race! May the course challenge you, but also inspire you, and may you achieve your personal goals. Let's make the World Championships and the German Championships an unforgettable experience together – for you, for all of us and for the duathlon sport!

***A thrilling race and  
unforgettable moments!***

***Best regards,***

***Patrick Thevis***

## 1. GENERAL INFORMATION

### 1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches, and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up to date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

### 1.2. KEY DATES

#### Saturday 26.04.2025

Times	Event	Venue Alsdorf
10:00 – 15:00	<b>World Triathlon Powerman MD Duathlon Championships Age Groups Race Pack Distribution</b> + Checking the uniform	Absolute Teamsport, Bahnhofstraße 56
10:00 – 15:00	<b>Powerman Classics with German Championships</b> Distribution of start numbers DM	Absolute Teamsport, Bahnhofstraße 56
10:00 – 15:00	<b>Powerman Classics Open Race, Powerman Sprint</b> Start number distribution	Absolute Teamsport, Bahnhofstraße 56
16:00	Elite World Triathlon Powerman Championships briefing and race pack distribution	Stadthalle Alsdorf
17:15 – 17:45	<b>Parade of Nations</b> All athletes parade through the city center of Alsdorf	Stadthalle Alsdorf (start/ end)
18:00	Opening ceremony 2025 World Triathlon Middle Distance Championships Alsdorf and pasta party	Stadthalle Alsdorf
	Competition briefing Age Group in English	<b>Only online</b>

## Sunday 27.04.2025

Start times	Group	Venue Alsdorf
08:00	Elite Men World Championships	Denkmalplatz
08:10	Elite Women World Championships	Denkmalplatz
08:40	Age Group Open 20-64 World Championships	Denkmalplatz
09:10	Age Group Women World Championships	Denkmalplatz
09:12	Para World Championships	Denkmalplatz
09:10	Age Groups Open +65 World Championships	Denkmalplatz
10:00	German Championships all Age Groups	Denkmalplatz
10:15	Powerman Open race	
12:15	Powerman Sprint Distance	Denkmalplatz
<b>Cut-off times</b>		
14:00	Bike	Denkmalplatz
15:30	Last run lap	Denkmalplatz
16:00	Finish cut-off	Denkmalplatz

## Medal Ceremony

Time	Group	Venue Alsdorf
16:00	Elite, Para, Age Group World Championships Medal Ceremony	Stadthalle Alsdorf
17:00	DM Age group	Stadthalle Alsdorf
15:00	Powerman Sprint & Powerman Open race	Denkmalplatz

### 1.3. KEY CONTACTS

<b>LOC</b>	Race director	Patrick Thevis <a href="mailto:thevis@freenet.de">thevis@freenet.de</a>
<b>World Triathlon</b>	Team Leader	David Bonilla <a href="mailto:david.bonilla@triathlon.org">david.bonilla@triathlon.org</a>
	Technical Delegate (TD)	Stephan Kretschmer <a href="mailto:Stephan.Kretschmer@swisstriathlon.ch">Stephan.Kretschmer@swisstriathlon.ch</a>
	Assistant (aTD)	Ulrike Zierl <a href="mailto:uli.zierl@t-online.de">uli.zierl@t-online.de</a>
	Medical Delegate	Dr Casandra Man <a href="mailto:casandra_man@yahoo.com">casandra_man@yahoo.com</a>

### 1.4. ATHLETE'S BRIEFING

<b>ELITE</b>	<p><b>26.04.2025 at 16:00 - MANDATORY</b></p> <p>Location: Stadthalle Alsdorf</p> <p>Attendance at the Elite briefing in person is mandatory. Penalties for non-attendance or being late to the briefing as per World Triathlon Competition rules.</p>
<b>Age-Group</b>	<p>There is no specific Age-Group Briefing</p> <p>Briefing will be recorded and available as of Friday evening on World Triathlon - <a href="https://triathlon.org/about/downloads/category/race_briefing">https://triathlon.org/about/downloads/category/race_briefing</a></p> <p>Q&amp;A session after the Elite athlete's briefing</p>

### 1.5. INFORMATION POINTS, LOST & FOUND

Registration point Absolute Teamsport, Bahnhofstraße 56

### 1.6. HOSPITAL

Rhein-Maas Klinikum, Mauerfeldchen 25, 52146 Würselen

### 1.7. RACE RULES AND PENALTIES

The event will follow [2025 World Triathlon Competition Rules](#)

## 1.8. UNIFORM RULES

At the World Triathlon Powerman MD Duathlon Championship, all athletes should comply with the approved National Federation uniform colour/format. The uniform must follow World Triathlon uniform rules.

For further information, please see the World Triathlon Competition Rule Book.

**Age Group Athletes** - Click [HERE](#) to check the Approved National Federation Age Group Uniforms.

**Elite Athletes** - Click [HERE](#) to check the Approved National Federation Elite Multisport Uniforms.

The next links show you the rules about the uniform in a World Triathlon event:

- [World Triathlon Competition Uniform Guidelines and Approval Process](#)

- [World Triathlon Competition Uniform Application Timeline](#)

## 1.9. TIMING CHIP

**Distribution:** Timing chips will be distributed at check-in on race day. Elite will have the timing chips in the race packages.

**Collection:** Timing chips will be collected at check-out when you leave the transition area.

**Loss during the race:** If you lose your timing chip during the race, please inform the event staff in the transition area so that the timing providers can do their best to replace the chip.

**Withdrawal:** If you do not participate in the race or withdraw from the race, please return the timing chip to a staff member at the event information booth for withdrawals or, if you are unable to reach this location, to any event staff member. If possible, only give the chip to an official event staff member and not to a volunteer. **Lost timing chips:** If your timing chip is not returned or is lost, you will be charged €50 for a replacement.

## 1.10. VOLUNTEERS AND TECHNICAL OFFICIALS

We all know that the success of any sporting event is largely due to the Volunteer Team. Their help in carrying out various essential organisational tasks is vital for the perfect execution/operation of the safest and most fantastic event possible for athletes and their supporters alike!

Volunteers will help with different aspects of the event's organisation such as supporting administration tasks and TOs, helping with protocol issues, access control and management, athletes' and spectators' support etc. This is a unique opportunity to enjoy the sports event from within the organisation, to meet athletes from all over the world and be involved in endless exciting aspects related to our 2025 World Triathlon Powerman Middle Distance Duathlon Championships Alsdorf.

We encourage you to say THANK YOU to them (Volunteers and Officials) whenever possible. Without them, this event would not be possible!





# Duathlon World Championships

Middle Distance  
ALSDORF 2025

## 1.11. PRIZE MONEY

2025 World Triathlon Powerman MD Duathlon Championships  
Elite prize money total of \$30,000 (international ranking):

Rank	Men	Women
1st	3,750 \$	3,750 \$
2nd	3,000 \$	3,000 \$
3rd	2,250 \$	2,250 \$
4th	1,500 \$	1,500 \$
5th	1,200 \$	1,200 \$
6th	1,050 \$	1,050 \$
7th	900 \$	900 \$
8th	600 \$	600 \$
9th	450 \$	450 \$
10th	300 \$	300 \$

## 1.12. RESULTS

Official results for will be published here:

<https://triathlon.org/events/2025-world-triathlon-powerman-middle-distance-duathlon-championships-alsdor/results>

Unofficial results for will be posted here: <https://www.datasport.de/events/events.htm>

## 1.13. TV AND ONLINE COVERAGE

The elite race will be broadcast live from 8 a.m. to 11 a.m. It can be seen at [Triathlon live](#) (World Triathlon) and on the [POWERMAN facebook](#) account. Sign up for TriathlonLIVE today and gain access to all live streams including the World Triathlon Championship Series. Subscribe now here <https://www.triathlonlive.tv/>

## 1.14. ATHLETES PHOTO SERVICE

<https://events.larasch.de/powerman-alsdorf/fotos>

Finish Line Photography Larasch is the official event photographer.

- How to Get your Best Photos: Ensure your helmet sticker visible on the FRONT of your bike helmet.
- Keep your race bib number visible on the FRONT of your body during the run and whilst entering the finish line.
- Smile and celebrate when you cross the finish line! Don't worry about touching your watch, the timing company will ensure an accurate record of your achievement. Your personal race photos will be available within 24-48 hours after the race and can be accessed via the website.

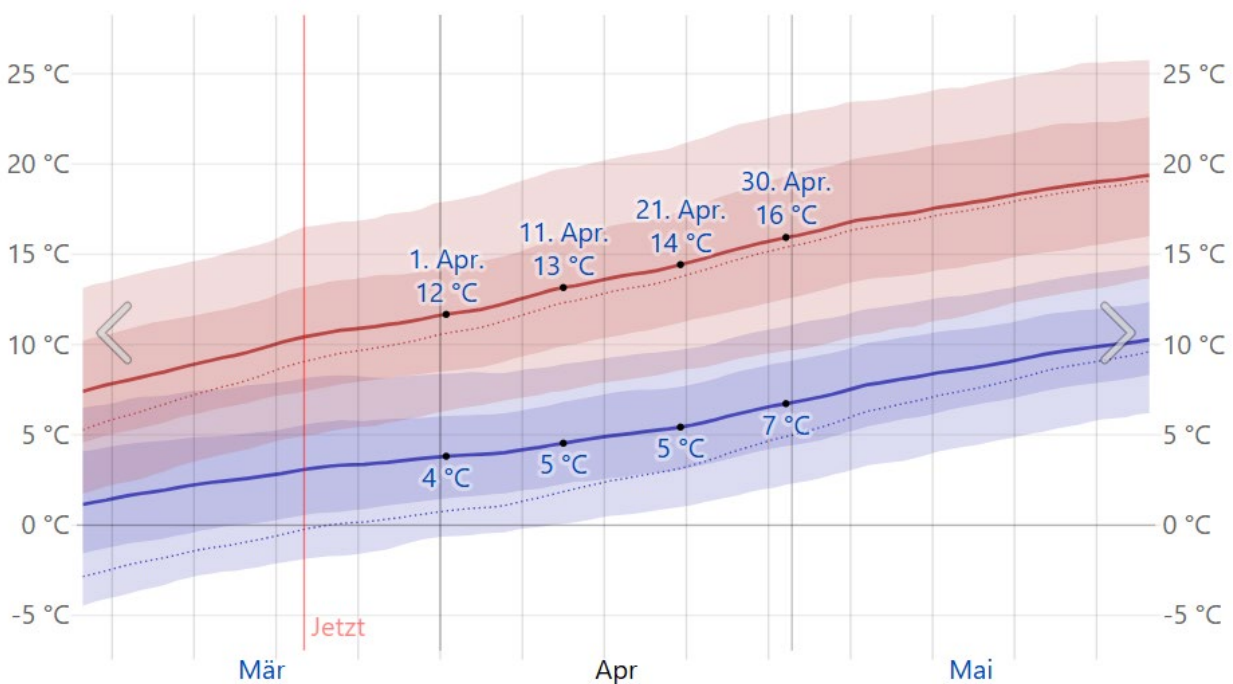
### 1.15. WEATHER

Weather in April in Alsdorf, North Rhine-Westphalia, Germany

The daily maximum temperatures *increase by 4 °C* from 12 °C to 16 °C and rarely fall below 6 °C or rarely exceed 23°C.

The daily minimum temperatures *increase by 3 °C* from 4 °C to 7 °C and rarely fall below -1 °C or rarely exceed 11°C.

By comparison, on 4 August, the *hottest day* of the year, temperatures in Alsdorf usually range from 14 °C to 23 °C, while on 8 February, the *coldest day* of the year, they range from 0 °C to 5 °C.



# BOCK AUF ALSDORF



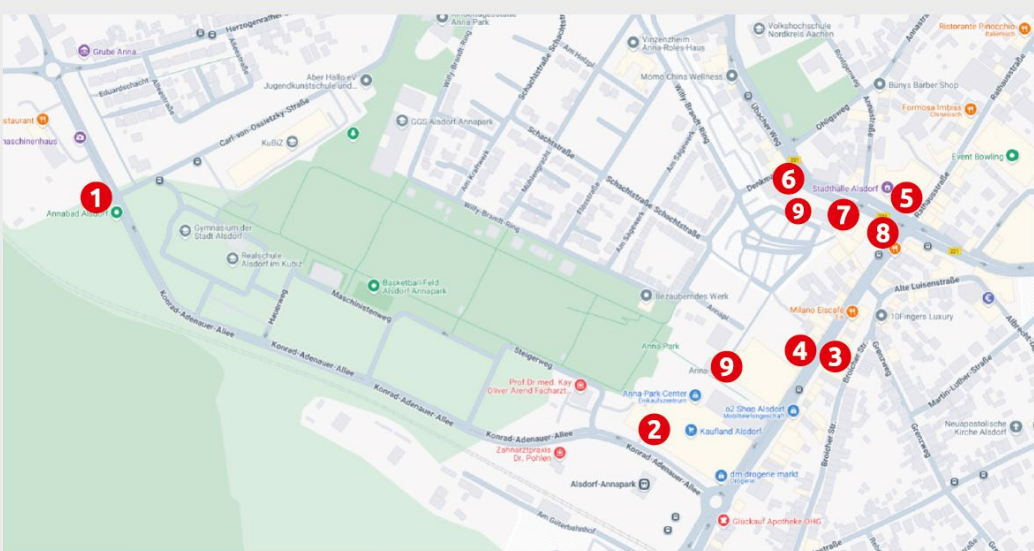
## Willkommen in der Freizeit-Stadt Alsdorf

Eine Gemeinschaftsaktion von





## 2. VENUE

### 2.1. RACE VENUE

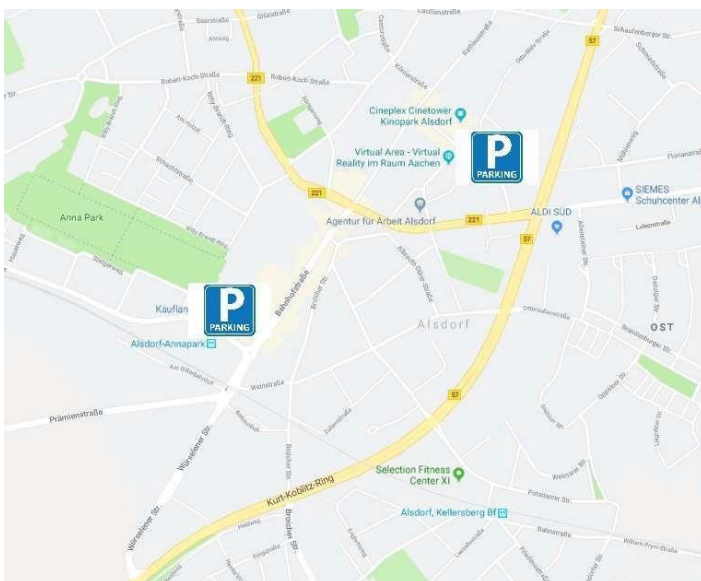


1. Showers, @ Annabad Alsdorf  
 2. Parking, @ Kaufland Alsdorf  
 3. Start number distribution, @ Absolute Teamsport Rauscheid  
 4. Bike mechanical service, @ Bestbike Radsport  
 5. Opening ceremony, briefing, Medal Ceremony, @ Stadthalle Alsdorf  
 6. Transition area, @ Übacher Weg  
 7. Start all races, @ Denkmalplatz  
 8. Finish all races, @ Denkmalplatz  
 9. Aid / nutrition point, @ run track

 Duathlon  
World Championship

 Middle Distance  
Alsdorf 2025

Parking Parking close to venue. Kaufland Alsdorf, Bahnhofstr. 37, 52477 Alsdorf



## 2.2. COURSE FAMILIARIZATION

There is no familiarisation.

**Be careful it not allowed to ride bikes on the roads L240 and on the 57n. They can only use when they are closed for the race.**

## 2.3. ATHLETE'S LOUNGE

The Elite Athlete Lounge is located on the first floor of the Alsdorf Stadthalle.

The bag drop of is in the city hall (Annastraße 2-6, 52477 Alsdorf), there are also toilets.

A recovery area is behind the finish, showers are in the Hallenbad Alsdorf.

## 2.4. RACE PACKAGE

The **Elite** Race pack will distributed after the briefing.

**Age-Group** Race pack pick up is located at the Absolute Teamsport, Bahnhofstraße 56, Alsdorf - see [google map](#)

AG race pack: Body decals: 2x for both forearms and 1x for AG category at back of calf + 1x Bib number + stickers (3x helmets + 1x bike saddle + 1x for bags to be left at the bag drop-off) + accreditation + registration gift

## 2.5. DOPING CONTROL

The doping control will be located in the city hall. Doping tests will be conducted according to NADA rules. The athletes must carry their identification to the doping control facilities.

Anti-Doping Rules, like Competition rules, are sport rules governing the conditions under which sport is played. Athletes and other persons involved in the event accept these rules as a precondition to compete. All athletes shall be subject to Competition Testing by the World Triathlon, the Athlete's National Federation, Anti-Doping Organizations or any other organization promoting Events in triathlon.

**\*\*All athletes must ensure they carry their official identification (Photo ID) \*\***

Further info on Anti-Doping Rules can be found here: <https://triathlon.org/anti-doping>

If you are selected for Doping Control, someone will approach you to notify you. You may be asked to go for Doping Control even before the race, for example, after picking up your Registration pack or when you check in your bicycle in the Transition Area. The Doping Control Chaperone and/or Officer will explain the procedure to you, but you need to be aware that you have certain rights and responsibilities.

You have the right to:

- a) Appoint a representative of your choice to accompany you to Doping Control.
- b) Request the services of an interpreter in case you do not have a good command of English (if required).
- c) Request additional information about the Doping Control procedure.
- d) Request a delay in reporting to the Doping Control Station for valid reasons. (These reasons may be to receive necessary medical care, locate a representative or fulfill a media commitment but you

- must have the consent of, and be in full view of, the Doping Control Officer or Chaperone.)
- e) Request necessary modifications if you have a disability.
  - f) Note any concerns with the Doping Control process on the Doping Control Form. g) Request part “B” of your sample be analysed to confirm a positive result.
  - g) A fair hearing in compliance with the World Anti-Doping Code.

Your responsibilities include:

- a) Be aware of, and comply with, the World Anti-Doping Code and the TRI Anti-Doping Rules.
- b) Be aware of which substances are not allowed and are included in the Prohibited List.
- c) Comply with requirements for Therapeutic Use Exemptions (TUE). A TUE allows you to take a substance included in the Prohibited List, if that is the only option available to you and you meet specific requirements. There are strict rules governing TUEs, so it is best to check them before the event. As an Age-Group athlete, you may apply for a retroactive TUE but it is not guaranteed, so you may want to request one no later than 30 days prior to racing. If you want to apply for a TUE, please contact your National Anti-Doping Agency (NADO). If approved by your NADO, your TUE will be recognized by World Triathlon.
- d) After being notified for a doping test, to report to the Doping Control Station immediately or within the required time slot specified by the Doping Control Chaperone.
- e) Control your sample until it is sealed in the sample collection kit.
- f) Ensure the sealed sample collection kit is secure and identified.
- g) Ensure all documentation is accurate.

You must carry with you an ID/passport with photo when proceeding to the Doping Control Station. It is also a good idea to make sure that you have access to your National Federation manager’s phone number so that you can let him/her know that you have been selected for Doping Control.

If you have any questions about Anti-Doping procedures, please visit the World Triathlon Anti-Doping Stand at the Expo where our volunteers and staff will clarify your doubts and answer your questions. You can also check the Age-Group Anti-Doping section on <https://triathlon.org/anti-doping>.

An Anti-Doping Age-Group Q&A is available:

[https://www.triathlon.org/multimedia/video/age\\_group\\_anti\\_doping\\_qa1](https://www.triathlon.org/multimedia/video/age_group_anti_doping_qa1)

You can also check out the Age-Group Anti-Doping section on [https://triathlon.org/agegroup/anti\\_doping](https://triathlon.org/agegroup/anti_doping) or ask any questions at [jeanne.courbe@triathlon.org](mailto:jeanne.courbe@triathlon.org)

### 3. ACCOMMODATION

Book your hotel room as soon as possible :

Hotel Siebenschläfer am Wasserturm, <https://www.hotel-siebenschlaefer.de/am-wasserturm/>

Hotel Gloria Alsdorf, <https://hotel-alsdorf.de/>

Aparthotel Cap1 Boardinghouse – Baesweiler, <https://cap1-boardinghouse-baesweiler.hotel-mix.de/>

Camping facilities are 2 km from the race site (Tierpark Alsdorf, Am Tierpark 1, 52477 Alsdorf).



# ENERGIEMEILE 4.0

ENERGIE | WÄRME | MOBILITÄT

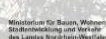
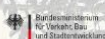
**14. / 15. JUNI 2025**  
11:00 - 17:00 UHR IM **ENERGETICON**

AUSSTELLUNG | BERATUNG | VORTRAGSPROGRAMM  
WORKSHOPS | SPIELMOBIL | ENERGIE-RALLYE

KLIMAPOLITIK GEOTHERMIE  
STROMPREIS UMWELTPOLITIK SMART WÄRME BIOGAS STROM  
ERDERWÄRMUNG UMWELT KLIMASCHUTZ ÖKOLOGISCH WASSERKRAFT  
WINDPARK STROMNETZ SOLAR RESSOURCEN NACHHALTIGKEIT PHOTOVOLTAIK  
NETZAUSBAU KLIMAWANDEL ZUKUNFT REGENERATIV  
KLIMA BLOCKHEIZKRAFTWERK WINDENERGIE EMISSIONSARM ÖKONOMISCH WÄRMEDÄMMUNG  
ERNEUERBAR KRAFTWERK ATOMAUSSTIEG UMWELTSCHUTZ  
NATUR SONNENKRAFT



Konrad-Adenauer-Allee 7 | 52477 Alsdorf



ENERGETICON

## 4. TRANSFER AND TRANSPORT

Nirvana: Official Race Packages – Including things such as Accommodation, Airport Transfers and Bike Mechanic Services (Packages may vary).

We can also provide you with bespoke quotes for the following:

Flights – No matter where you are travelling from we can arrange flights for your entire party, plus carriage for your bike if required

Airport Transfers – We can arrange transport between the airport and your chosen hotel, for you and your party, plus your bike if required

<https://nirvanaeurope.com/events/aus-triathlon/2025-world-triathlon-powerman-middle-distance-duathlon-championships-alsdorf-au/>

Closest airports from the event: Maastricht/Aachen Airport at 40 km, Cologne Airport at 70 km and Düsseldorf Airport at 70 km with well working railway connection to Alsdorf

## 5. ATHLETE'S SERVICES

### 5.1. TRAINING FACILITIES

Showers at the completion days are near the TA in Hallenbad Alsdorf (Konrad-Adenauer-Allee 7b, 52477 Alsdorf)



**BIKE** The bike course cannot be used for training, most of the roads are normally closed for bikes



**RUN** The run course can use all time.

### 5.2. BIKE MECHANICAL SERVICE

Bike Shop: bestbike Radsport, Bahnhofstraße 43, 52477 Alsdorf

26.04.2025 10 till 15 p.m., 27.04.2025 7 till 11 a.m.

There is an official bicycle repair stand in front of the Alsdorf Stadthalle. Air pumps are available at check-in.



## 6. COMPETITION SCHEDULE

### 6.1. ELITE WOMEN

DAY	START	END	ACTIVITY	LOCATION
26.04.2025	17:15	17:45	Parade of Nations	Absolute Teamsport
26.04.2025	16:00		Briefing [ <b>MANDATORY</b> ] and race pack distribution	Town hall
27.04.2025	6:30	7:30	Athlete Lounge check-in	Town hall
27.04.2025	7:00	7:45	Transition check-in	Denkmalplatz
27.04.2025	8:02		Athlete line-up and Introduction	Denkmalplatz
27.04.2025	8:10		Start	Denkmalplatz
27.04.2025	16:00		Award Ceremony	Town hall

### 6.2. ELITE WOMEN

DAY	START	END	ACTIVITY	LOCATION
26.04.2025	17:15	17:45	Parade of Nations	Absolute Teamsport
26.04.2025			Briefing [ <b>MANDATORY</b> ] and race pack distribution	Online
27.04.2025	6:30	7:30	Athlete Lounge check-in	Town hall
27.04.2025	7:00	7:45	Transition check in	Denkmalplatz
27.04.2025	7:50		Athlete line-up and Introduction	Denkmalplatz
27.04.2025	8:00		Start	Denkmalplatz
27.04.2025	16:00		Award Ceremony	Town hall

### 6.3. AGE GROUPS

DAY	START	END	ACTIVITY	LOCATION
25.04.2025			There is no specific Age-Group Briefing / Briefing will be recorded and available as of Friday evening on World Triathlon	Online
26.04.2025	17:15	17:45	Parade of Nations	Absolute Teamsport
27.04.2025	7:30	9:00	The bag drop of is in the city hall, there are also toilets.	Town hall
27.04.2025	7:45	8:25	Transition check-in Age Group Open 20-64 World Championships	Denkmalplatz
27.04.2025	8:15	8:55	Transition check-in Age Group Women + Open 65+ World Championships	Denkmalplatz
27.04.2025	8:30		Athlete line-up Age Group Open 20-64 World Championships	Denkmalplatz
27.04.2025	8:40		<b>Start Age Group Age Group Open 20-64 World Championships</b>	Denkmalplatz
27.04.2025	9:00		Athlete line-up Age Group Age Group Women + Open 65+ World Championships	Denkmalplatz
27.04.2025	9:10		<b>Start Age Group Women + Open 65+ World Championships</b>	Denkmalplatz
27.04.2025	16:00		Award Ceremony	Town hall

### 6.4. COMPETITION RULES

The event will follow the latest published [2025 Competitions Rules of the World Triathlon](#).

## 6.5. ATHLETE'S BRIEFING

**Saturday 26.04.2025**

16:00	Elite/Para athletes' briefing	Town hall
n/a-	Age-Group	Briefing recording will be available on Friday triathlon.org <a href="https://triathlon.org/documents/race-briefings">https://triathlon.org/documents/race-briefings</a>

## 6.6. TIMING CHIPS

At the check-in athletes will be given a timing chip and given back at the check-out.

## 6.7. RESULTS

Results will be uploaded live at the WORLD TRIATHLON official website [www.triathlon.org](http://www.triathlon.org). All the Results information will be distributed to the Team Leaders at the Information Centre (Denkmalplatz).

## 6.8. PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules

# 7. ACCREDITATION

The LOC will provide all the Organizing Committee Members, World Triathlon Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

**Elite/Para** will received their accreditation after the briefing with the race-package. Accredited support team will be able to collect their accreditation before entering the briefing room.

Age-Group accreditation will be part of the race package.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition areas.

All accredited people are always requested to carry their Accreditation Cards with them and to show them upon request. Accreditation Cards are mandatory to enter the venue.

# 8. OTHER USEFUL INFORMATION

## 8.1. LANGUAGE is English.

German, most shops and providers are familiar with the English language

Time zone: Central European Summer Time (CEST) is 1 hour ahead of Coordinated Universal Time (UTC). This time zone is in use during standard time in Europe.

# PIT ROCK

OPEN AIR 2025



**BOOZE & GLORY**  
(ENGLAND)

**HIDDEN TOP ACT** Psst!

WILLE PROMILLE  
4  
PROMILLE

**FUCKING ANGRY**

**BLINKKICKS**  
(SOUTH KOREA)

**Deaf Devils**  
(SPAIN)

**SMACKED**  
(SLOVENIA)

**+ FLICK KNIVES +**

*the tasty*  
**TRASHPANDAS**

SPECIALS:

**TATTOO ARTISTS**

+

**KARAOKE STAGE**

**INFOS & TICKETS**

**24.05.25 ⚡ ENERGETICON**  
**IN ALSDORF BEI AACHEN**

EINLASS 14 UHR, BEGINN 15 UHR VVK 39 EUR, AK 43 EUR



## 9. COURSE MAPS

### 9.1. TRANSITION

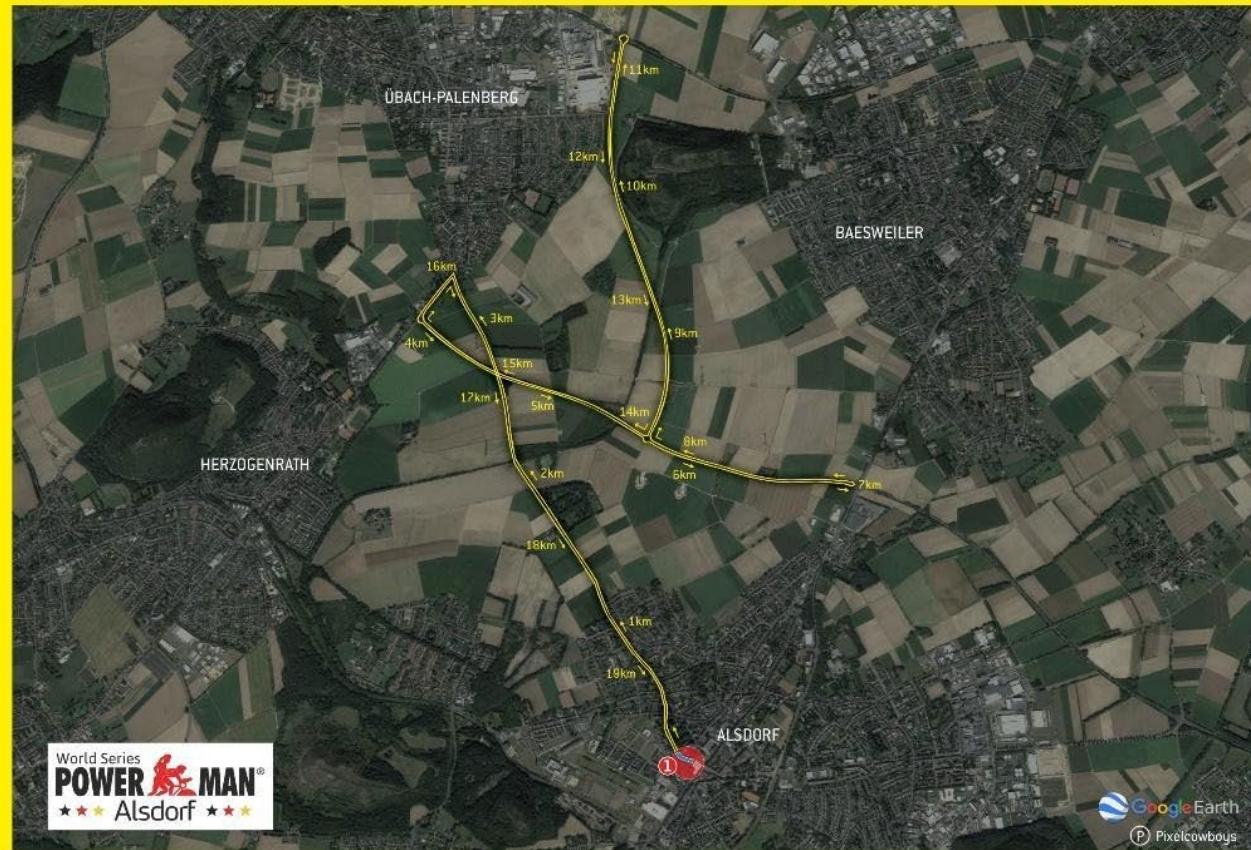


9.2. BIKE COURSE 3 laps

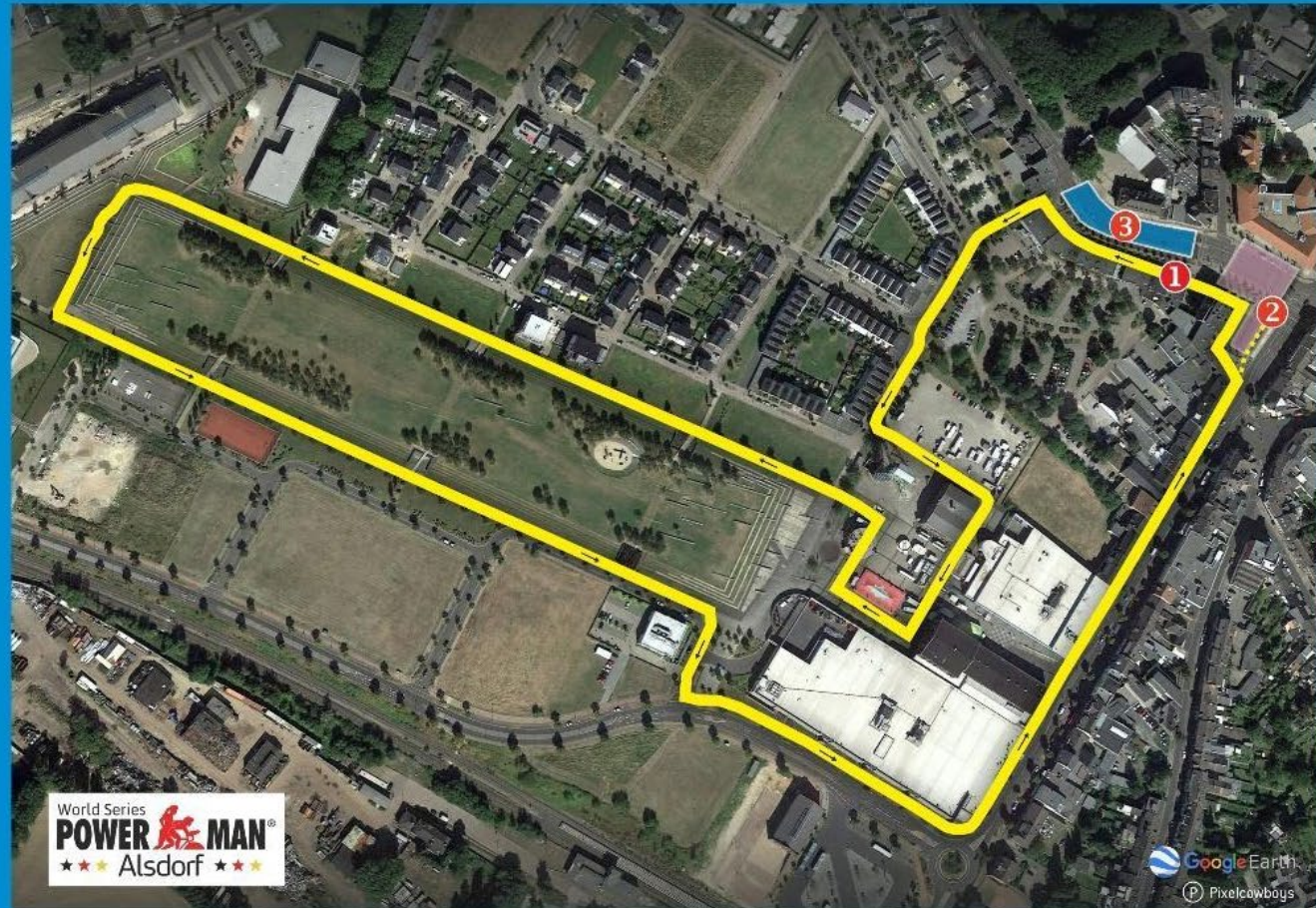
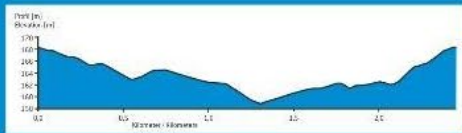
World Triathlon | Duathlon World Championship  
**POWER MAN** | Middle Distance Alsdorf 2025



World Series **POWER MAN**  
 ★★★ Alsdorf ★★★  
**RADSTRECKE**  
**BIKE TRACK**  
**19,55 km**  
 1 Start/Ziel Radstrecke  
 Start/Finsh Bike Track



9.3. RUN COURSE 4 laps



World Series  
**POWER MAN**  
 ★★ Alsdorf ★★

**LAUFSTRECKE 2,5 km**

**RUN 2,5 km**

VD: 2 & 2 LAPS

CD: 4 & 4 LAPS



- ① Start Laufen  
Start Run
- ② Ziel Laufen  
Finish Run
- ③ Wechselzone  
Transition Area

World Series  
**POWER MAN**  
 ★★ Alsdorf ★★



Duathlon  
World Championship

Middle Distance  
Alsdorf 2025



# DUATHLON WORLD CHAMPIONSHIP

27. April 2025

Middle Distance - Alsdorf Germany

SPORTLAND.NRW

WESTLOTTO



Good luck, and  
thanks to our sponsors.