

ATHLETE'S GUIDE 2026



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1. GENERAL INFORMATION

1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches, and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up to date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

1.2. KEY DATES

Saturday 11.04.2026

Saturday, 11.04.2026	Event	Venue Alsdorf
14:00 – 16:00 Uhr	Issuing of race numbers	Absolut Teamsport, Bahnhofstraße 56

Sunday 12.04.2026

Sunday, 12.04.2026	Event	Venue Alsdorf
07:30 – 11:00 Uhr	Issuing of race numbers	Absolut Teamsport, Bahnhofstraße 56
07:30 – 11:00 Uhr	Check-in all	Denkmalplatz, Transition
Start times	Group	Venue Alsdorf
08:30 Uhr	Elite Men	Denkmalplatz
08:31 Uhr	Elite Women	Denkmalplatz
09:00 Uhr	AG Women 20-85 & AG Men 60-85	Denkmalplatz
09:45 Uhr	AG Men 20-59	Denkmalplatz
11:30 Uhr	Sprint Distance	Denkmalplatz
Cut off times		
13:30	bike	Denkmalplatz
14:00	Last run lap	Denkmalplatz
Medal Ceremony	Group	Venue Alsdorf
13:30 Uhr	Elite	Denkmalplatz
14:30 Uhr	DM Age group & POWERMAN World Series	
14:00 Uhr	Powerman Sprint	

Medal Ceremony

	Group	Venue Alsdorf
13:30	Elite	Denkmalplatz
14:30	DM Age group	Stadthalle Alsdorf
15:00	Powerman Classic open	Stadthalle Alsdorf
14:00	Powerman Sprint	Stadthalle Alsdorf

1.3. KEY CONTACTS

Name and contact details of:

- Race director Patrick Thevis, thevis@freenet.de
- technical delegate

1.4. CONTACT DETAILS Patrick Thevis, thevis@freenet.de

2. VENUE

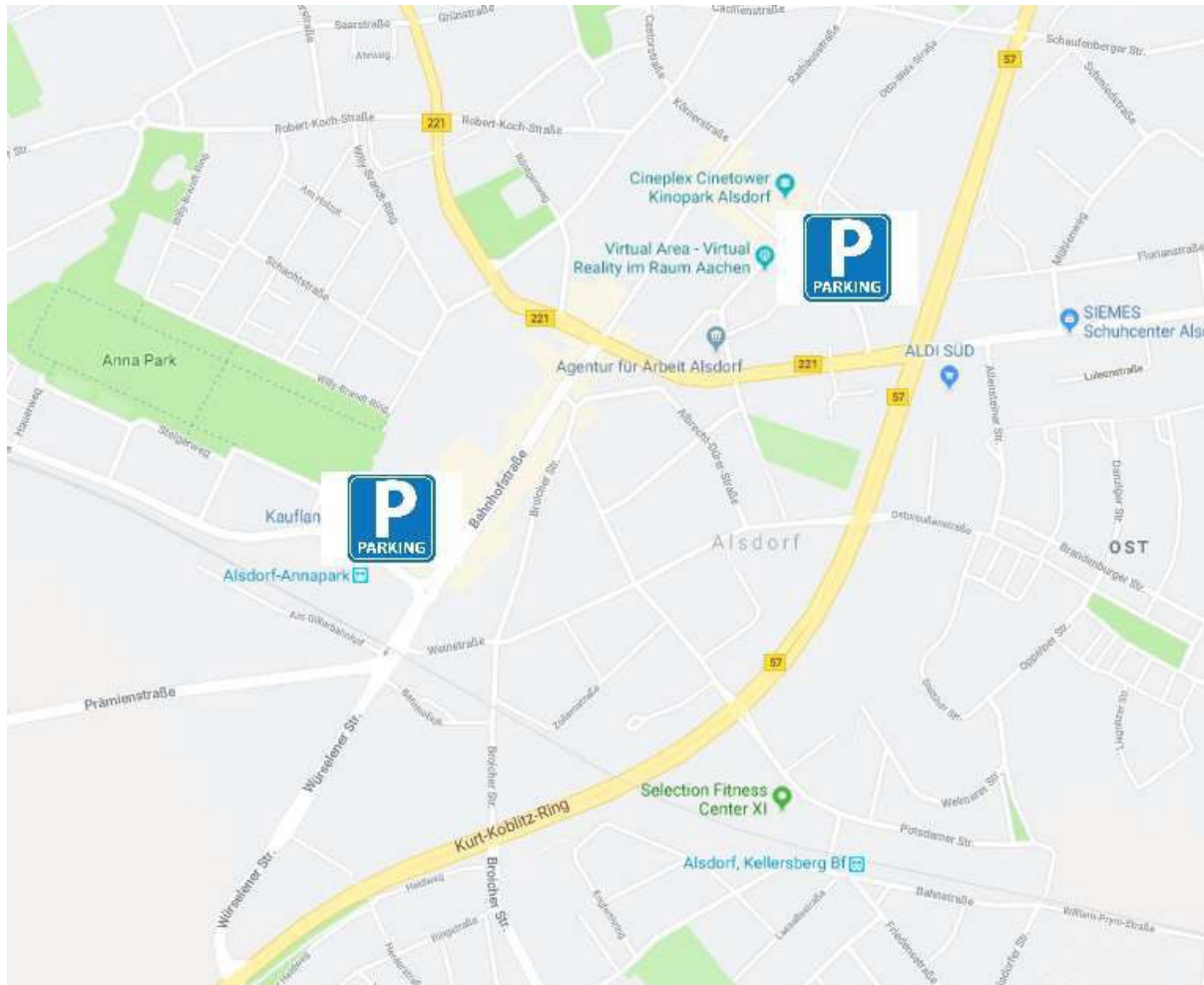
2.1. RACE VENUE Denkmalplatz, 52477 Alsdorf



Parking

Parking close to venue. Kaufland Alsdorf, Bahnhofstr. 37, 52477

Alsdorf



2.2 COURSE FAMILIARIZATION We have no familiarisation.

Be careful it not allowed to ride bikes on the roads L240 and on the 57n. They can only use when they are closed for the race.

2.3. ATHLETE'S LOUNGE

The bag drop of is in the city hall, there are also toilets.

A recovery area is behind the finish, showers are in the Annabad.

2.4. RACE PACKAGE

The Elite and AG Race pack pick is located at the Absolut Teamsport Rauscheid, Bahnhofstraße 56

2.5. DOPING CONTROL

The doping control will be located in the town hall. Doping tests will be conducted according to NADA rules. The athletes must carry their identification to the doping control facilities.

3. ACCOMMODATION

Book your hotel room as soon as possible (in2 Boarding House, City Hotel Alsdorf and Hotel Gloria Alsdorf). Camping facilities are 2 km from the race site.

4. TRANSFER AND TRANSPORT

Closest airports from the event: Maastricht/Aachen Airport at 40 km, Cologne Airport at 70 km and Düsseldorf Airport at 70 km with well working railway connection to Alsdorf

5. ATHELETE'S SERVICES

5.1. TRAINING FACILITIES

Showers at the completion days are in **Annabad**



BIKE The bike course cannot be used for training, most of the roads are normally closed for bikes



RUN The run course can use all time.

5.2. BIKE MECHANICAL SERVICE

Bike Shop: bestbike Radsport, Bahnhofstraße 43, 52477 Alsdorf

6. COMPETITION SCHEDULE

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14:00 Uhr	Powerman Sprint	

6.1. COMPETITION RULES

The event will follow the latest published Competitions Rules of the German Triathlon Union.

6.2. RESULTS

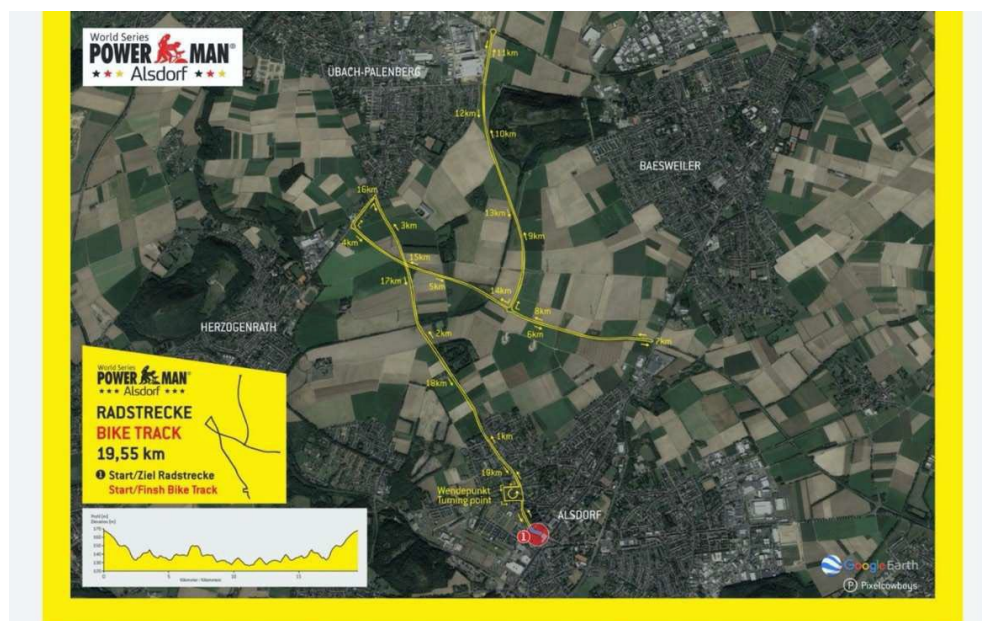
Results will be uploaded live at the POWERMAN Alsdorf official website www.mc-eschweiler.de.

7. COURSE MAPS

TRANSITION 1



BIKE COURSE 3 laps



🏃 RUN COURSE



Good luck, and thanks to our sponsors.