

ATHLETE'S GUIDE 2026



Welcome Message from the President of Europe Triathlon - Marc D'hooge

Duathlon Championships - Alsdorf 2026



Dear athletes,

On behalf of Europe Triathlon, it is my great pleasure to welcome you to the 2026 Europe Duathlon Championships in Alsdorf, Germany.

We are proud to host our Duathlon Championships in a city with such a rich and enduring tradition in duathlon. Alsdorf has long been a stronghold for duathlon, and its dedication to developing the sport at all levels - from grassroots to elite - is truly commendable.

On Sunday 12 April, we will witness some of Europe's finest duathletes - elites, para-athletes, and age-groupers - coming together to compete with passion and determination in the middle distance. Whether you're racing for medals or personal bests, I am confident that Alsdorf will offer an unforgettable experience filled with high-level competition, friendship, and sportsmanship.

I would like to sincerely thank the Local Organising Committee, the city of Alsdorf, and all volunteers for their outstanding commitment and enthusiasm. Special thanks to Mayor Tim Kramer and Patrick Thevis, the sports director of the event, for their vision and dedication to making this event a reality.

To all athletes - enjoy every moment. You are the heart of this championship, and we are here to celebrate your hard work and dedication to our sport.

Wishing you all a fantastic race and a memorable stay in Alsdorf!

With sporting regards,

A handwritten signature in black ink, appearing to read "M. D'hooge". The signature is stylized and written in a cursive-like font.

Marc D'hooge

President, Europe Triathlon

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Sport.

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Wir für den Sport in NRW.



1. GENERAL INFORMATION

1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches, and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up to date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

1.2. KEY DATES

Saturday 11.04.2026

times	Event	Venue Alsdorf
14:00-17:00	POWERMAN Classics Elite / Para with European Championships Elite uniform & license check Race pack hand out.	Absolute Teamsport, Bahnhofstraße 56
14:00 – 17:00	Issuing of race numbers (EC uniform check) POWERMAN Classics European Championships AG,	Absolute Teamsport, Bahnhofstraße 56
14:00 – 17:00	Issuing race numbers POWERMAN Classic German Championships AG	Absolute Teamsport, Bahnhofstraße 56
14:00 – 17:00	Issuing race numbers POWERMAN Sprint, POWERMAN Classic Open race	Absolute Teamsport, Bahnhofstraße 56
18:00	Elite briefing in English European Championships	Stadthalle Alsdorf
online	AG briefing in English European Championships	
online	AG briefing in German European Championships	

Sunday 12.04.2026

Start times Sunday	Group	Venue Alsdorf
07:45	Elite Women	Denkmalplatz
07:46	AG Para	Denkmalplatz
07:55	Elite Men	Denkmalplatz
09:00	AG Men 20-54 EC & GC	Denkmalplatz
09:30	AG Men 55-85 + AG Women EC & GC	Denkmalplatz
10:30	POWERMAN Open race	Denkmalplatz
12:30	POWERMAN Sprint Distance	Denkmalplatz
Cut off times		
13:30	Last bike lap	Denkmalplatz
14:30	bike	Denkmalplatz
15:30	Last run lap	Denkmalplatz

Medal Ceremony

	Group	Venue Alsdorf
16:00	Elite, EC Para, EC age group	Stadthalle Alsdorf
	DM Age group	Stadthalle Alsdorf
15:00	Powerman Sprint & Powerman Open race	Denkmalplatz

EWV

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Du liebst deine Region

Mittendrin sind wir die Energie
für alles, was uns verbindet.

www.ewv.de

1.3. KEY CONTACTS

Name and contact details of:

LOC

- Race director Patrick Thevis, thevis@freenet.de

World Triathlon

- technical delegate

- assistant technical delegate

1.4. Athlete's Briefing

Elite: Date and Time

Location

Attendance at the Elite briefing in person is mandatory. Penalties for non-attendance or being late to the briefing as per World Triathlon Competition rules.

Age-Group: Date and Time -online English language

Date and Time – online German language

Please register in advance using the following link:

English language AG

→ Link will be provided the latest in the week before the event by World Triathlon German language AG

→ Link will be provided the latest in the week before the event by World Triathlon

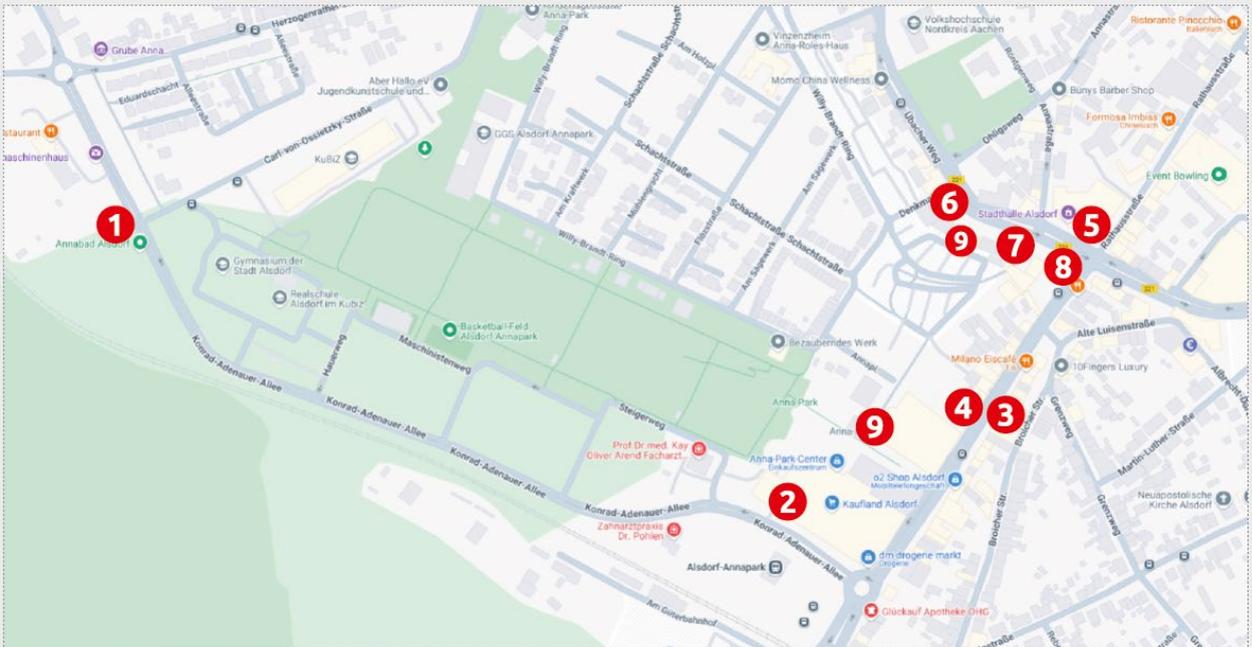
Recordings will be available on https://triathlon.org/about/downloads/category/race_briefing

There are no penalties for those who arrive late or miss the online briefing. The TD will be available for any clarifications:

2. VENUE

2.1. RACE VENUE

Denkmalplatz, 52477 Alsdorf

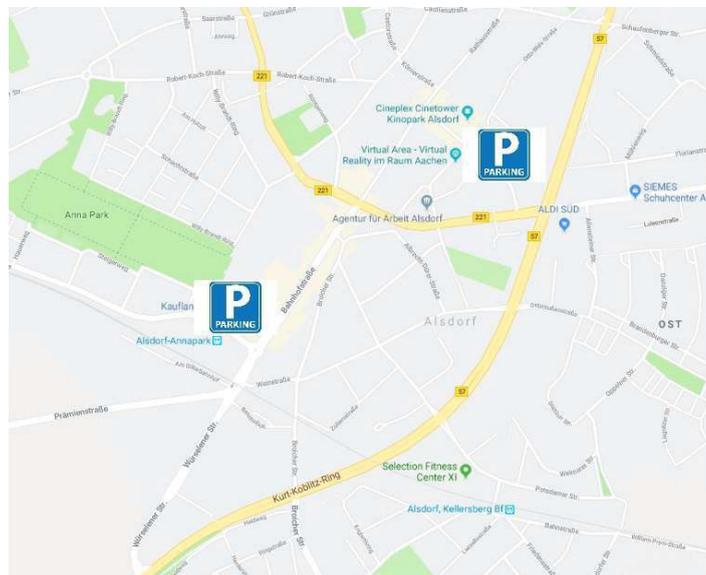


1. Showers, @ Annabad Alsdorf
2. Parking, @ Kaufland Alsdorf
3. Start number distribution, @ Absolute Teamsport Rauscheid
4. Bike mechanical service, @ Bestbike Radsport
5. Opening ceremony, briefing, Medal Ceremony, @ Stadthalle Alsdorf
6. Transition area, @ Übacher Weg
7. Start all races, @ Denkmalplatz
8. Finish all races, @ Denkmalplatz
9. Aid / nutrition point, @ run track

Parking

Parking close to venue. Kaufland Alsdorf, Bahnhofstr. 37, 52477

Alsdorf





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Verstärken Sie unsere Kitas in Baesweiler, Monschau, Roetgen und Simmerath!

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- ♥ E-Bike-Leasing
- ♥ Entgeltanreizsystem
- ♥ Kündigungsschutz

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 [StaedteRegionAachen](https://www.youtube.com/StaedteRegionAachen)



2.2 COURSE FAMILIARIZATION

There is no familiarisation.

Be careful it not allowed to ride bikes on the roads L240 and on the 57n. They can only use when they are closed for the race.

2.3. ATHLETE'S LOUNGE

The bag drop of is in the city hall (Annastraße 2-6, 52477 Alsdorf), there are also toilets.

A recovery area is behind the finish, showers are in the Annabad it can used.

2.4. RACE PACKAGE

The Elite and AG Race pack pick up is located at the Absolute Teamsport, Bahnhofstraße 56

2.5. DOPING CONTROL

The doping control will be located in the city hall. Doping tests will be conducted according to NADA rules. The athletes must carry their identification to the doping control facilities.

3. ACCOMMODATION

Book your hotel room as soon as possible :

Hotel Siebenschläfer am Wasserturm, <https://www.hotel-siebenschlaefer.de/am-wasserturm/>

Hotel Gloria Alsdorf, <https://hotel-alsdorf.de/>

Aparthotel Cap1 Boardinghouse – Baesweiler, <https://cap1-boardinghouse-baesweiler.hotel-mix.de/>

Camping facilities are 2 km from the race site (Tierpark Alsdorf, Am Tierpark 1, 52477 Alsdorf).

4. TRANSFER AND TRANSPORT

Closest airports from the event: Maastricht/Aachen Airport at 40 km, Cologne Airport at 70 km and Düsseldorf Airport at 70 km with well working railway connection to Alsdorf

5. ATHELETE'S SERVICES

5.1. TRAINING FACILITIES

Showers at the completion days are near the TA in Annabad (Konrad-Adenauer-Allee 7b, 52477 Alsdorf)



BIKE The bike course cannot be used for training, most of the roads are normally closed for bikes



RUN The run course can use all time.

5.2. BIKE MECHANICAL SERVICE

Bike Shop: bestbike Radsport, Bahnhofstraße 43, 52477 Alsdorf



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ELEKTROLYTGETRÄNK

AKTIVIER DAS + IN DIR!

Joshua Kimmich



Muskel



Fokus



Power

6. COMPETITION SCHEDULE

6.1. ELITE WOMEN

DAY	START	END	ACTIVITY	LOCATION
11.04.2026	14:00	17:00	Athlete registration	Absolute Teamsport, Bahnhofstraße 56
11.04.2026	18:00		Briefing	Town hall
12.04.2026	7:00	7:30	TA check in	Denkmalplatz
12.04.2026	7:35		Calling area	Denkmalplatz
12.04.2026	7:40		Athletes introduction	Denkmalplatz
12.04.2026	7:45		Start	Denkmalplatz
12.04.2026	16:00		Award Ceremony	Town hall

6.2. ELITE MEN

DAY	START	END	ACTIVITY	LOCATION
11.04.2026	14:00	17:00	Athlete registration	Absolute Teamsport, Bahnhofstraße 56
11.04.2026	18:00		Briefing	Town hall
12.04.2026	7:00	7:35	TA check in	Denkmalplatz
12.04.2026	7:47		Calling area	Denkmalplatz
12.04.2026	7:50		Athletes introduction	Denkmalplatz
12.04.2026	7:55		Start	Denkmalplatz
12.04.2026	16:00		Award Ceremony	Town hall

6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the World Triathlon.

6.4. ATHLETE'S BRIEFING

Saturday 11.04.2026

18:00 Uhr	Elite/Para he briefing	Town hall
18:00 Uhr	AG briefing English & German	online

6.5. TIMING CHIPS

At the registration athletes will be given a timing chip, by Check-In in the transition area.

6.6. RESULTS

Results will be uploaded live at the WORLD TRIATHLON official website www.triathlon.org. All the Results information will be distributed to the Team Leaders at the Information Centre (Denkmalplatz).

6.7. PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules

7. ACCREDITATION

The LOC will provide to all the Organizing Committee Members, WT Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card. Info on when and where the accreditations will be distributed.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition areas.

All accredited people are always requested to carry their Accreditation Cards with them and to show them upon request. Accreditation Cards are mandatory to enter the venue.

8. OTHER USEFUL INFORMATION

8.1. LANGUAGE is English.

German, most shops and providers are familiar with the English language

Time zone: Central European Summer Time (CEST) is 1 hour ahead of Coordinated Universal Time (UTC). This time zone is in use during standard time in Europe and Africa

9. COURSE MAPS

TRANSITION 1



BIKE COURSE 3 laps

World Triathlon | Duathlon World Championship
POWER MAN | Middle Distance Alsdorf 2025

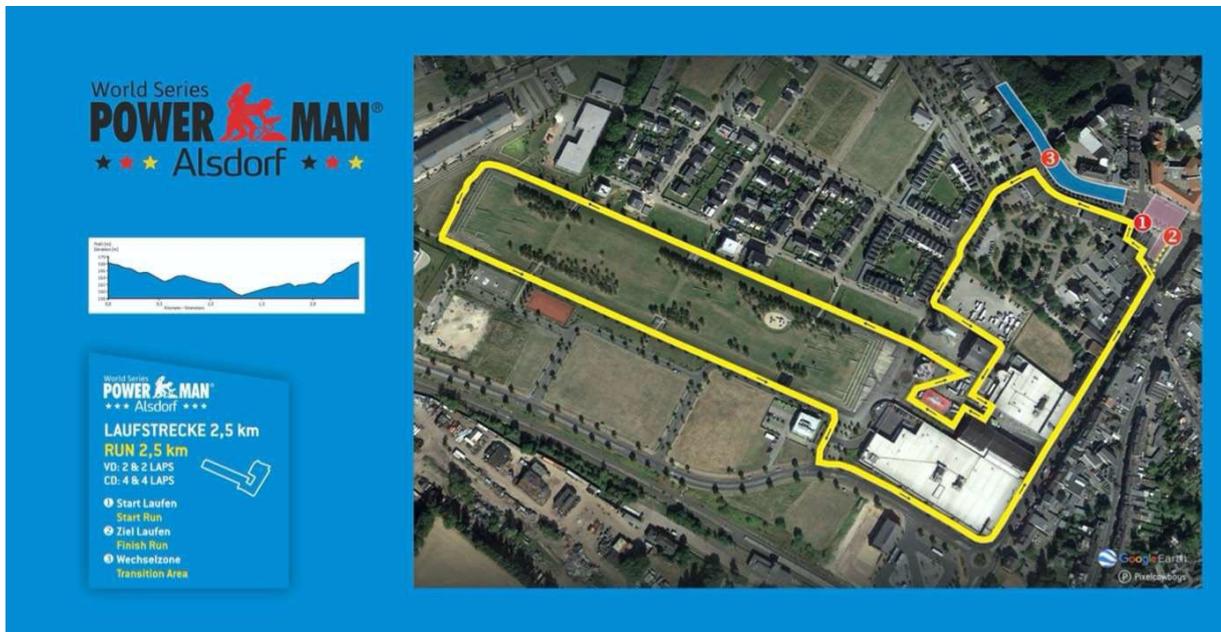
World Series **POWER MAN** *** Alsdorf ***

RADSTRECKE
BIKE TRACK
19,55 km

1 Start/Ziel Radstrecke / Start/Finish Bike Track

Google Earth
Pixxelwebcams

 **RUN COURSE 4 laps**



World Series
POWER MAN
*** Alsdorf ***

LAUFSTRECKE 2,5 km
RUN 2,5 km
VD: 2 & 2 LAPS
CD: 4 & 4 LAPS

- Start Laufen
- Ziel Laufen
- Wechselzone

Good luck, and thanks to our sponsors.



SPORTLAND.NRW **WESTLOTTO**



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