

ATHLETE'S GUIDE 2026



Welcome Message from the President of Europe Triathlon - Marc D'hooge

Duathlon Championships - Alsdorf 2026



Dear athletes,

On behalf of Europe Triathlon, it is my great pleasure to welcome you to the 2026 Europe Duathlon Championships in Alsdorf, Germany.

We are proud to host our Duathlon Championships in a city with such a rich and enduring tradition in duathlon. Alsdorf has long been a stronghold for duathlon, and its dedication to developing the sport at all levels - from grassroots to elite - is truly commendable.

On Sunday 12 April, we will witness some of Europe's finest duathletes - elites, para-athletes, and age-groupers - coming together to compete with passion and determination in the middle distance. Whether you're racing for medals or personal bests, I am confident that Alsdorf will offer an unforgettable experience filled with high-level competition, friendship, and sportsmanship.

I would like to sincerely thank the Local Organising Committee, the city of Alsdorf, and all volunteers for their outstanding commitment and enthusiasm. Special thanks to Mayor Tim Kramer and Patrick Thevis, the sports director of the event, for their vision and dedication to making this event a reality.

To all athletes - enjoy every moment. You are the heart of this championship, and we are here to celebrate your hard work and dedication to our sport.

Wishing you all a fantastic race and a memorable stay in Alsdorf!

With sporting regards,

A handwritten signature in black ink, appearing to read "M. D'hooge". The signature is stylized and written in a cursive-like font.

Marc D'hooge

President, Europe Triathlon

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1. GENERAL INFORMATION

1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches, and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up to date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

1.2. KEY DATES

Saturday 11.04.2026

times	Event	Venue Alsdorf
14:00-17:00	POWERMAN Classics Elite / Para with European Championships Elite uniform & license check Race pack hand out.	Absolute Teamsport, Bahnhofstraße 56
14:00 – 17:00	Issuing of race numbers (EC uniform check) POWERMAN Classics European Championships AG,	Absolute Teamsport, Bahnhofstraße 56
14:00 – 17:00	Issuing race numbers POWERMAN Classic German Championships AG	Absolute Teamsport, Bahnhofstraße 56
14:00 – 17:00	Issuing race numbers POWERMAN Sprint, POWERMAN Classic Open race	Absolute Teamsport, Bahnhofstraße 56
18:00	Elite briefing in English European Championships	Stadthalle Alsdorf / Town hall Alsdorf
online	AG briefing in English European Championships	
online	AG briefing in German European Championships	

Sunday 12.04.2026

Start times Sunday	Group	Venue Alsdorf
07:45	Elite Women	Denkmalplatz / Monument Square
07:46	AG Para	Denkmalplatz / Monument Square
07:55	Elite Men	Denkmalplatz / Monument Square
09:00	AG Men 20-54 EC & GC	Denkmalplatz / Monument Square
09:30	AG Men 55-85 + AG Women EC & GC	Denkmalplatz / Monument Square
10:30	POWERMAN Open race	Denkmalplatz / Monument Square
12:30	POWERMAN Sprint Distance	Denkmalplatz / Monument Square
Cut off times		Denkmalplatz / Monument Square
13:30	Last bike lap	Denkmalplatz / Monument Square
14:30	bike	Denkmalplatz / Monument Square
15:30	Last run lap	Denkmalplatz / Monument Square
07:00 – 12:00	Issuing race numbers POWERMAN Classic German Championships AG, POWERMAN Sprint, POWERMAN Classic Open race	Absolute Teamsport, Bahnhofstraße 56

Medal Ceremony

	Group	Venue Alsdorf
11:00	Public Ceremony First 3 of the Elite Women & First 3 of the Elite Men	Denkmalplatz / Monument Square
15:00	Powerman Sprint & Powerman Open race	Denkmalplatz / Monument Square
16:00	Elite, EC Para, EC age group DM Age group	Stadthalle Alsdorf / Town hall Alsdorf

EWV

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Du liebst deine Region

Mittendrin sind wir die Energie
für alles, was uns verbindet.

www.ewv.de

1.3. KEY CONTACTS

Name and contact details of:

LOC

- Race director Patrick Thevis, thevis@freenet.de

World Triathlon

- technical delegate Stephan Kretschmer, stephan.kretschmer@swisstriathlon.ch

- assistant technical delegate Marieke von Dewitz-Krebs, marieke@vondewitz-krebs.de

- technical delegate DTU Kirsten Krauthäuser, triathlon@krauthaeuser.de

1.4. Athlete's Briefing

Elite: 11.04.2026 18:00

Town hall Alsdorf / 1st floor

Attendance at the Elite briefing in person is mandatory. Penalties for non-attendance or being late to the briefing as per World Triathlon Competition rules.

Age-Group: 11.04.2026 -online English language

11.04.2026 – online German language

Please register in advance using the following link:

→ Link will be provided the latest in the week before the event by World Triathlon German language AG

→ Link will be provided the latest in the week before the event by World Triathlon

Recordings will be available on https://triathlon.org/about/downloads/category/race_briefing

There are no penalties for those who arrive late or miss the online briefing. The TD will be available for any clarifications:

2. VENUE

2.1. RACE VENUE

Denkmalplatz, 52477 Alsdorf



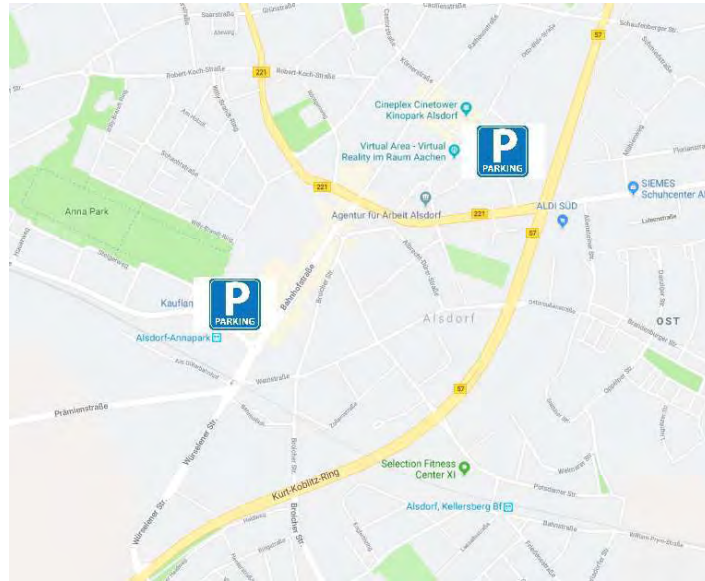
The map shows the town of Alsdorf with several key locations marked with red numbers 1 through 9. Location 1 is at Annabad Alsdorf. Location 2 is at Kaufland Alsdorf. Location 3 is at Absolute Teamsport Rauscheid. Location 4 is at Bestbike Radsport. Location 5 is at Stadthalle Alsdorf. Location 6 is at Übacher Weg. Location 7 is at Denkmalplatz. Location 8 is at Denkmalplatz. Location 9 is at a run track.

1. Showers, @ Annabad Alsdorf
 2. Parking, @ Kaufland Alsdorf
 3. Start number distribution, @ Absolute Teamsport Rauscheid
 4. Bike mechanical service, @ Bestbike Radsport
 5. Opening ceremony, briefing, Medal Ceremony, @ Stadthalle Alsdorf
 6. Transition area, @ Übacher Weg
 7. Start all races, @ Denkmalplatz
 8. Finish all races, @ Denkmalplatz
 9. Aid / nutrition point, @ run track

Parking

Parking close to venue. Kaufland Alsdorf, Bahnhofstr. 37, 52477

Alsdorf



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 [StaedteRegionAachen](https://www.youtube.com/StaedteRegionAachen)



2.2 COURSE FAMILIARIZATION

There is no familiarisation.

Be careful it is not allowed to ride bikes on the roads L240 and on the B57. They can only use when they are closed for the race.

2.3. ATHLETE'S LOUNGE

The bag drop of is in the city hall (Annastraße 2-6, 52477 Alsdorf), there are also toilets.

A recovery area is behind the finish, showers are in the Annabad (Konrad-Adenauer-Allee 7b, 52477 Alsdorf) it can be used.

2.4. RACE PACKAGE

The Elite after the race briefung and AG Race pack pick up is located at the Absolute Teamsport, Bahnhofstraße 56

2.5. DOPING CONTROL

The doping control will be located in the city hall. Doping tests will be conducted according to NADA rules. The athletes must carry their identification to the doping control facilities.

3. ACCOMMODATION

Book your hotel room as soon as possible :

Hotel Siebenschläfer am Wasserturm, <https://www.hotel-siebenschlaefer.de/am-wasserturm/>

Hotel Gloria Alsdorf, <https://hotel-alsdorf.de/>

Aparthotel Cap1 Boardinghouse – Baesweiler, <https://cap1-boardinghouse-baesweiler.hotel-mix.de/>

Camping facilities are 2 km from the race site (Tierpark Alsdorf, Am Tierpark 1, 52477 Alsdorf).

4. TRANSFER AND TRANSPORT

Closest airports from the event: Maastricht/Aachen Airport at 40 km, Cologne Airport at 70 km and Düsseldorf Airport at 70 km with well working railway connection to Alsdorf

5. ATHELETE'S SERVICES

5.1. TRAINING FACILITIES

Showers at the completion days are near the TA in Annabad (Konrad-Adenauer-Allee 7b, 52477 Alsdorf)



BIKE The bike course cannot be used for training, most of the roads are normally closed for bikes



RUN The run course can use all time.

5.2. BIKE MECHANICAL SERVICE

Bike Shop: bestbike Radsport, Bahnhofstraße 43, 52477 Alsdorf



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6. COMPETITION SCHEDULE

6.1. ELITE WOMEN

DAY	START	END	ACTIVITY	LOCATION
11.04.2026	14:00	17:00	Athlete registration	Absolute Teamsport, Bahnhofstraße 56
11.04.2026	18:00		Briefing	Town hall Alsdorf
			necessary	Denkmalplatz / Monument Square
12.04.2026	7:00	7:30	TA check in	
12.04.2026	7:35		Calling area	Denkmalplatz / Monument Square
12.04.2026	7:40		Athletes introduction	Denkmalplatz / Monument Square
12.04.2026	7:45		Start	Denkmalplatz / Monument Square
12.04.2026	11:00		Public Ceremony	Denkmalplatz / Monument Square
12.04.2026	16:00		Award Ceremony	Town hall Alsdorf

6.2. ELITE MEN

DAY	START	END	ACTIVITY	LOCATION
11.04.2026	14:00	17:00	Athlete registration	Absolute Teamsport, Bahnhofstraße 56
11.04.2026	18:00		Briefing	Town hall
			necessary	Denkmalplatz / Monument Square
12.04.2026	7:00	7:35	TA check in	
12.04.2026	7:47		Calling area	Denkmalplatz / Monument Square
12.04.2026	7:50		Athletes introduction	Denkmalplatz / Monument Square
12.04.2026	7:55		Start	Denkmalplatz / Monument Square
12.04.2026	11:00		Public Ceremony	Denkmalplatz / Monument Square
12.04.2026	16:00		Award Ceremony	Town hall

6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the World Triathlon.

6.4. ATHLETE'S BRIEFING

Saturday 11.04.2026

18:00 Uhr	Elite/Para briefing	Town hall
18:00 Uhr	AG briefing English & German	online

6.5. TIMING CHIPS

At the registration elite athletes will be given a timing chip, all others by Check-In on race day in the transition area.

6.6. RESULTS

Results will be uploaded live at the WORLD TRIATHLON official website www.triathlon.org. All the Results information will be distributed to the Team Leaders at the Information Centre (Denkmalplatz).

6.7. PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules

7. ACCREDITATION

The LOC will provide to all the Organizing Committee Members, WT Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card. Info on when and where the accreditations will be distributed.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition areas.

All accredited people are always requested to carry their Accreditation Cards with them and to show them upon request. Accreditation Cards are mandatory to enter the venue.

8. OTHER USEFUL INFORMATION

8.1. LANGUAGE is English.

German, most shops and providers are familiar with the English language

Time zone: Central European Summer Time (CEST) is 1 hour ahead of Coordinated Universal Time (UTC). This time zone is in use during standard time in Europe and Africa

9. COURSE MAPS

TRANSITION 1

**World Series
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*** Alsdorf *****

- 1 Check In
- 2 Ein/Ausgang Laufstrecke
Entrance/Exit Run Track
- 3 Ausgang Laufstrecke Para Athleten
Exit Run Para athletes
- 4 Check Out
- 5 Ein/Ausgang Radstrecke
Entrance/Exit Run Track
- 6 Start
- 7 Verpflegungszone / Aid Station
- 8 Ziel, Erholungs- und Verpflegungszone
Finish Area
- 9 Aussteller, Gastronomie, Besucherzone
Expo, Catering Zone, Visitor Area
- 10 Siegerehrung und Toiletten
Award ceremony, Toilets
- 11 Umkleide und Duschen / Locker Room
- 12 Wechselzone Elite + Para / Transition area
- 13 Wechselzone/Transition area AG European championship
- 14 Wechselzone/Transition area AG German championship
- 15 Wechselzone/Transition area Open race/Team relay
- 16 Wechselzone/Transition area Sprint distance

BIKE COURSE 3 laps

World Triathlon | Duathlon
World Championship
Middle Distance
Alsdorf 2025

POWER & MAN

World Series
POWER & MAN
*** Alsdorf ***

**RADSTRECKE
BIKE TRACK
19,55 km**

1 Start/Ziel Radstrecke
Start/Finish Bike Track

 **RUN COURSE 4 laps**



World Series
POWER MAN
*** Alsdorf ***

LAUFSTRECKE 2,5 km
RUN 2,5 km
VO: 2 & 2 LAPS
CD: 4 & 4 LAPS

- Start Laufen
- Ziel Laufen
- Wechselzone

Good luck, and thanks to our sponsors.



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