



Deutsche
Triathlon Union



MARATHON-CLUB
ESCHWEILER



STADT
WÜRSELEN

World Series **POWER MAN**®

★ ★ ★ Würselen ★ ★ ★



POWER MAN®
Short

10 km | 40 km | 5 km

POWER MAN®
Sprint

5 km | 20 km | 5 km

Deutsche Meisterschaften im Duathlon

11. Oktober 2026

Ab 10 Uhr Jupp-Derwall-Stadion

ATHLETE'S GUIDE



Spor+

ELEKTROLYTGETRÄNK

AKTIVIER DAS + IN DIR!

Joshua Kimmich

NEU



Reload



Muskel



Fokus



Power

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1. GENERAL INFORMATION

1.1. INTRODUCTION

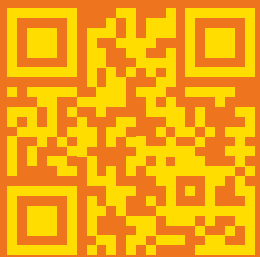
The purpose of the Athlete's Guide is to ensure that all athletes, coaches, and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up to date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

1.2. KEY DATES

Sunday, 11.10.2026	Event	Venue Würselen
08:00 - 10:00 Uhr	Issuing of race numbers	Aquana Würselen
08:00 - 09:50 Uhr	Check-in all	Jupp-Derwall-Stadion, Transition area
Start times	Group	Venue Alsdorf
10:00 Uhr	Elite Women / Men	Jupp-Derwall-Stadion
10:01 Uhr	Deutsche Meisterschaft Altersklasse	Jupp-Derwall-Stadion
10:05 Uhr	Open race	Jupp-Derwall-Stadion
10:25 Uhr	Sprint Distance	Jupp-Derwall-Stadion
Cut off times		
13:00	bike	Bike course
Medal Ceremony	Group	Venue Würselen
13:30 Uhr	Elite	Aquana Würselen
13:45 Uhr	DM Age group & POWERMAN Open race	
14:30 Uhr	Powerman Sprint	

IST DOCH EHRENSACHE.

UNSER ENGAGEMENT
FÜR VEREINE:



FÜR DICH. VOR ORT. VERSORGT.



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Medal Ceremony

	Group	Venue Alsdorf
13:30	Elite	Aquana Würselen
13:45	DM Age group	Aquana Würselen
14:15	Powerman Open race	Aquana Würselen
14:45	Powerman Sprint	Aquana Würselen

1.3. KEY CONTACTS

Name and contact details of:

- Race director Patrick Thevis, thevis@freenet.de
- technical delegate Marcel Krug, mc_bubi@web.de

2. VENUE

2.1. RACE VENUE & PARKING , 52146 Würselen



- 1 Parking
- 2 Start numbers distribution, Showers & locker rooms, Medal ceremony
- 3 Transition area
- 4 Start all races
- 5 Finish all races



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2.2 COURSE FAMILIARIZATION We have no familiarisation.

Be careful it not allowed to ride bikes on the bike track. They can only use when they are closed for the race.

2.3. ATHLETE'S LOUNGE

The bag drop (a 2€ coin is required) of is in the Aquana Würselen, there are also toilets.

A recovery area is behind the finish, showers are in the Aquana Würselen.

2.4. RACE PACKAGE & PARKING

The Elite and AG Race pack pick is located at the Aquana Würselen. A parking ticket at Aquana costs €2.

2.5. DOPING CONTROL

Doping tests will be conducted according to NADA rules. The athletes must carry their identification to the doping control facilities.

3. ACCOMMODATION

Book your hotel room as soon as possible (Boarding House Würselen or Hotel Siebenschläfer Wasserturm Alsdorf). Camping facilities are at the Aquana Würselen.

4. TRANSFER AND TRANSPORT

Closest airports from the event: Maastricht/Aachen Airport at 40 km, Cologne Airport at 70 km and Düsseldorf Airport at 70 km with well working railway connection to Alsdorf

5. ATHELETE'S SERVICES

5.1. TRAINING FACILITIES

Showers at the completion days are in Aquana Würselen



BIKE The bike course cannot be used for training, most of the roads are normally closed for bikes



RUN The run course can use all time.

5.2. BIKE MECHANICAL SERVICE on Saturday

Bike Shop: bestbike Radsport, Bahnhofstraße 43, 52477 Alsdorf



Mehr als nur ein Glücksmoment.

Weil Sport uns alle verbindet,

engagiert sich die Sparkasse Aachen ganz besonders in diesem Bereich. Ob alt oder jung, ob Hobby oder Leistungssport, Menschen mit und ohne Behinderung: Wir bringen mehr Bewegung in unsere Gesellschaft.

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6. COMPETITION SCHEDULE

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6.1. COMPETITION RULES

The event will follow the latest published Competitions Rules of the German Triathlon Union.

6.2. RESULTS

Results will be uploaded live at the POWERMAN Würselen official website <https://mc-eschweiler.de/veranstaltungen/powerman-wuerselen/>.

7. COURSE MAPS

TRANSITION



- ❶ Start & Finish all races
- ❷ Finish area
- ❸ Check In & Check Out
- ❹ Entrance run track & Exit run track
- ❺ Entrance bike track & Exit bike track
- ❻ Transition area sprint distance
- ❼ Transition area short distance





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Frank Rauscheid

Bahnhofstrasse 56
52477 Alsdorf

Tel. 02404 - 97 99 811
Tel. 02404 - 67 77 661

Öffnungszeiten:

Montag-Freitag
09:00 - 18:30 Uhr
durchgehend geöffnet

Samstag
09:00 - 14:00 Uhr

✉ alsdorf@absolute-teamsport-rauscheid.de
absolute-teamsport-rauscheid.de

SPORTSFREUND

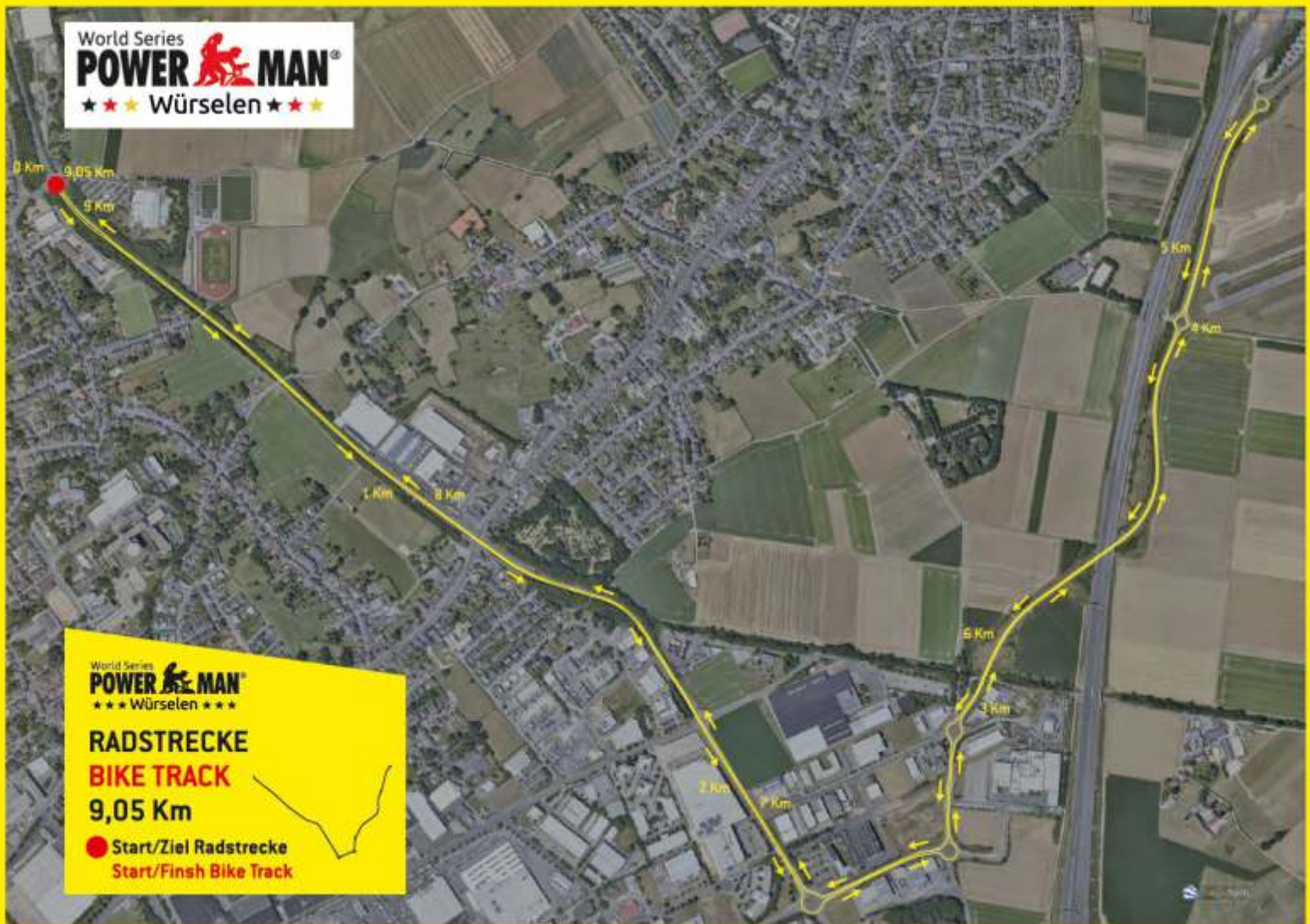


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 BIKE COURSE



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🏃 RUN COURSE



Good luck, and thanks to our sponsors.